

STUDENT: \_\_\_\_\_


CLASS: \_\_\_\_\_

**In each of the boxes below draw a picture of an activity or describe a skill to do with:**

HIGH PASSION	
1.	2.
I love doing this but I'm not very good at it.	I love doing this and I'm good at it.
3.	4.
I don't like doing this and I'm not good at it.	I don't like doing this but I'm good at it.
LOW PASSION	

LOW CONFIDENCE (left side)  
HIGH CONFIDENCE (right side)

- Box 1.** Identify an activity for which you have high passion but low confidence.
- Box 2.** Identify an activity for which you have high passion and high confidence.
- Box 3.** Identify an activity for which you have low passion and low confidence.
- Box 4.** Identify an activity for which you have low passion but high confidence.



- Identify their abilities, talents and interests as learners.
- Reflect on what they have learnt about themselves from a range of experiences.
- Describe and reflect on personal strengths.