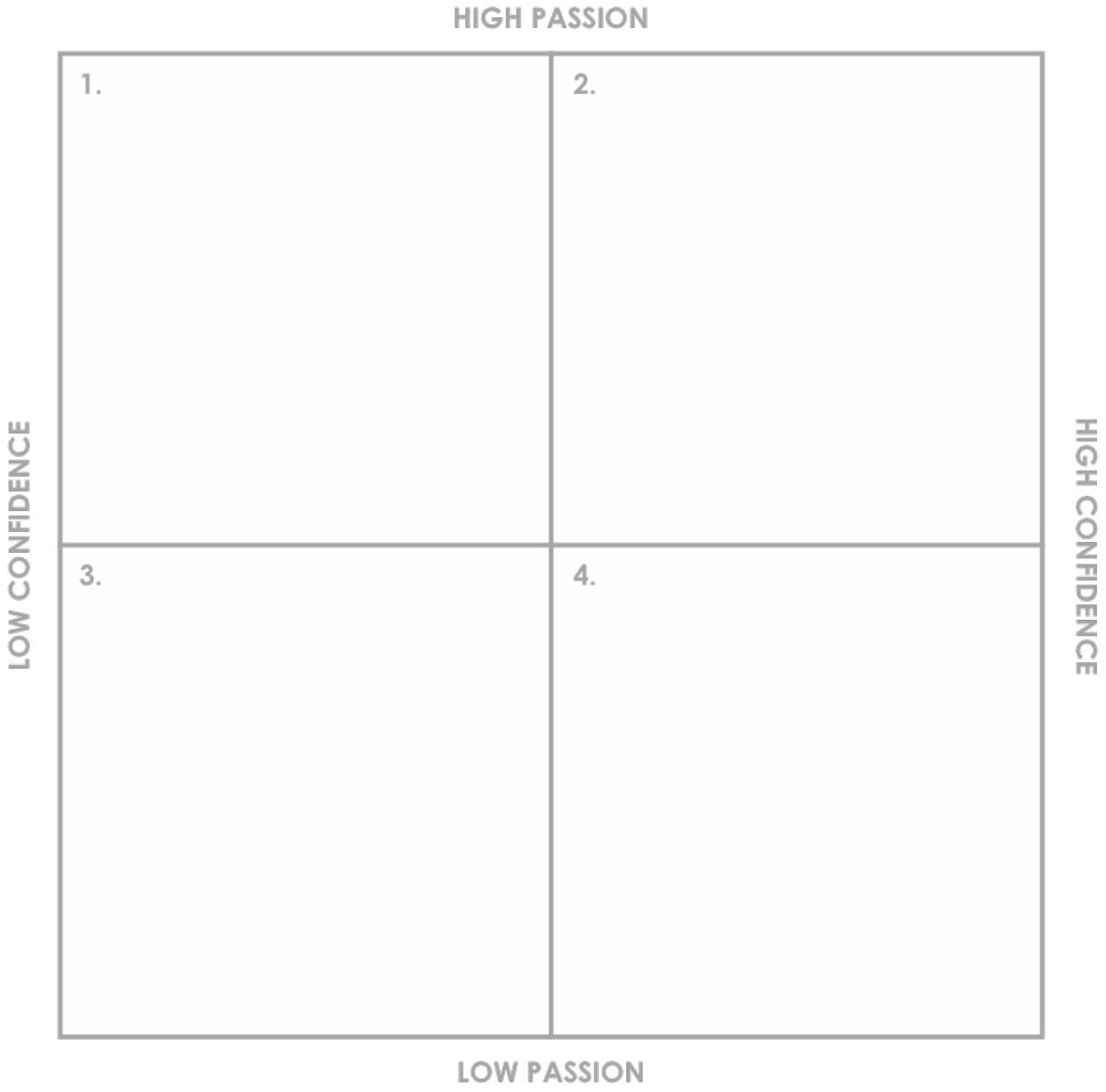
# MIPAC: Matrix Identifying Passion And Confidence

*Pre-project Self-reflection*

SUITABLE FOR YEARS 7-10

STUDENT: CLASS:




**In each of the above quadrants name or describe a skill or activity to do with:**

**Quadrant 1.** Identify an activity for which you have high passion but low confidence.

**Quadrant 2.** Identify an activity for which you have high passion and high confidence.

**Quadrant 3.** Identify an activity for which you have low passion and low confidence.

**Quadrant 4.** Identify an activity for which you have low passion but high confidence.

AC

- Analyse your personal characteristics and skill sets.
- Make a realistic assessment of your abilities, strengths and challenges.

© Minds Wide Open